

Soft Serve

© 2008 by Laurie Lee/Alarming Female Designs

Soft Serve is a lacy cuff down sock pattern reminiscent of chocolate soft serve ice cream in a cone.

SIZE: To fit women's medium to large.

MATERIALS: Schoeller & Stahl Fortissima Socka (75% superwash wool, 25% nylon; 210 m per 50 gm skein); two skeins color 1083 chocolate brown. Set of five double pointed needles, US size 1 (2.25 mm) or size needed to obtain gauge.

GAUGE: 9 sts/inch in stockinette st knit in the round.

NOTE: The Craft Yarn Council's list of standard knitting abbreviations are available at <http://www.yarnstandards.com/knit.html> or refer to your favorite basic knitting guide.

INSTRUCTIONS: Using long tail cast on, CO 72 sts onto one of five dpns. Distribute sts evenly over four needles (18 sts each). Join sts, being careful not to twist. Remaining yarn tail marks the beginning of the rnd. From this point, needles are numbered 1, 2, 3, & 4. Knit 1 rnd.



Cuff: Knit one row. Next rnd, begin twisted rib pattern:
Rnd 1: [k 2 tbl, p 2] to end of rnd. Rnd 2: (k 2, p 2) to end of rnd.

Repeat these two rnds 7 more times, or until cuff measures 1 ½ inches or desired length. Knit 1 rnd, dec 2 sts evenly (70 sts).

Leg: Begin pattern as follows or use chart below. The pattern is an 7 sts, 12 row repeat. The first rnd will redistribute the sts to best fit the pattern. Work Rnd 2 and all even numbered rnds in stockinette st.

Rnd 1 – [skp, k 5, yo]; rpt twice more on needle #1 (21 sts), work 2 rpts on needle #2 (14 sts), work 3 rpts on needle #3 (21 sts), work 2 rpts on needle #4 (14 sts).

Rnd 3 – [k 1, skp, k 4, yo]; rpt to end of rnd.

Rnd 5 – [k 2, skp, k 3, yo]; rpt to end of rnd.

Rnd 7 – [k 3, skp, k 2, yo]; rpt to end of rnd.

Rnd 9 – [k 4, skp, k 1, yo]; rpt to end of rnd.

Rnd 11 – [k 5, skp, yo]; rpt to end of rnd.



KNIT SYMBOLS

	k - knit
\	skp – slip 1 st purl wise, k 1, pass slipped st over
○	yo – yarn over

CHARTED LACE PATTERN

o	\						11
o		\					9
o			\				7
o				\			5
o					\		3
o						\	1
7	6	5	4	3	2	1	

Work 7 rpts of chart or until leg is desired length.

Turn Heel: Row 1 – k 19, ssk, k 1, turn.

Row 2 – Sl 1 p wise wyib, p 6, p 2tog, p 1, turn.

Row 3 – Sl 1 p wise wyib, k to one st before the gap, ssk, k 1, turn.

Row 4 – Sl 1 p wise wyib, p to one st before the gap, p 2tog, p 1, turn.

Repeat Rows 3 & 4 until all heel sts are used up, ending on a purl side row, turn.

Gusset: Knit across half the heel sts with needle #4, knit remaining heel sts with needle #1; with same needle, pick up 16 sts along edge of heel flap plus the bar between corner of heel and instep sts. Work in pattern across instep. Pick up the bar between last instep st and heel flap, pick up 16 sts along edge of heel flap, k across heel to end of needle #4. The center of the heel marks the new beginning of the rnd.

K heel sts, k 17 picked up sts through the back loop (tbl), work in pattern across instep, k 17 picked up sts tbl, k heel sts.

Next rnd, k gusset sts to 3 sts before the instep, k 2tog, k 1. Work in patten across instep; work gusset sts k1, ssk, k to end. Work next rnd without decreases, knitting in pattern across instep and in stockinette st on underside of foot. Continue working these two rnds until all but two extra instep sts are decreased (72 sts on needles). Transfer one st to the end of needle #3 from the beginning of needle four (36 sts each on instep and sole of sock). This one st will always be knitted as the last st on the instep following 5 rpts of the pattern st.

Foot: Continue working in pattern across instep and in stockinette st across sole until foot of sock is 1 ½ inches shorter than desired final length.

Toe: Starting at the beginning of the rnd, knit to within 3 sts of the end of needle #1, k 2tog, k1. On needles #2 & 3, k 1, ssk, knit to within 3 sts of the end of needle #3, k 2tog, k1. On needle #4, k 1, ssk, knit to end. Knit one rnd. Repeat these two rnds until there are 35 sts left on the needles; at this point, work decreases as above on every rnd until 16 sts remain. Graft these 16 sts together using kitchener st. Weave in ends.

Heel Flap: The heel flap is worked back and forth on needles #3 & 4 over 34 sts. Turn work and purl back across needle #4 and then needle #3, turn. Begin heel:

Row 1 - Sl 1 st p wise with yarn in back (wyib), [k 1 tbl, sl 1] across, k 1, turn.

Row 2 – Sl 1 st p wise wyib, p 33, turn.

Rpt these two rows 15 additional times or until heel flap is desired length.

